

School Dance Styles

Ecole de Danse

MOVIMIENTO

Count: 32 Wall: 4 Level: High Beginner

Choreographer: Karl-Harry Winson (UK) & Chrystelle Cau (FR) - June 2026

Music: Movimiento - Noévan Cielo : (Amazon)

Intro: 40 Counts after the speaking at the beginning, start on Main beat/vocals)

Behind. Side. Cross. Left Hitch. Cross. Side. Behind. Right Hitch.

- 1 – 2 Cross Right behind Left. Step Left to Left side.
- 3 – 4 Cross Right over Left. Hitch Left knee up and across Right.
- 5 – 6 Cross Left over Right. Step Right to Right side.
- 7 – 8 Cross Left behind Right. Hitch Right knee up and around from front to back. (12.00)

Back Rock. Side. Drag. Back Rock. 1/4 Turn Right. Hold.

- 1 – 2 Rock Right back behind Left. Recover on Left.
- 3 – 4 Step big step to Right side. Drag Left up towards Right.
- 5 – 6 Rock Left back behind Right. Recover weight on Right.
- 7 – 8 Turn 1/4 Right stepping Left back. Hold. (3.00)

Side Rock. Cross/Right Hip Bump. Side Rock. Cross/Left Hip Bump.

- 1 – 2 Rock Right out to Right side. Recover weight on Left.
- 3 – 4 Cross Right toe over Left as you bump Right hip up. Drop Right heel to the floor.
- 5 – 6 Rock Left out to Left side. Recover weight on Right.
- 7 – 8 Cross Left toe over Right as you bump Left hip up. Drop Left heel to the floor.

Side-Close. Back. Side-Close. Forward. Right Press. Sweep.

- 1 – 3 Step Right to Right side. Close Left beside Right. Step back on Right.
- 4 – 6 Step Left to Left side. Close Right beside Left. Step forward on Left.
- 7 – 8 Press ball of Right foot forward. Recover weight on Left as you sweep Right from front to back.

Ending – On the very last wall, the music will finish whilst you are facing 3.00, to end facing the front, after Count 32, cross Right behind Left and unwind over the Right shoulder to the front Wall.

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.schooldancestyles.fr