

# School Dance Styles

Association de Danse

## SOUL FOOD 2

Count : 32 Wall : 4 Level : Beginner

Choreographer : Silvia Schill 08/21

Music : Soul Food Keith Urban

### Rock side, shuffle across r + l

1-2 Step right with right - weight back on LF

3&4 Cross RF far over left - small step left with left and cross RF far over left

5-6 Step left with left - weight back on RF

7&8 Cross LF far over right - small step right with right and cross LF far over right

### Side, behind, ¼ turn r/chassé forward, step, pivot ½ r, shuffle forward

1-2 Step right with right - cross LF behind right (bend knees a little)

3&4 ¼ turn right around and step forward with right - move LF next to right and step forward with right (3 o'clock)

5-6 Step forward with left - ½ turn right around on both balls, weight at the end right (9 o'clock)

7&8 Step forward with left - move RF next to left and step forward with left

### Rocking chair, step, pivot ½ l 2x

1-2 Step forward with right - weight back on LF

3-4 Step back with right - weight back on LF

5-6 Step forward with right - ½ turn left around on both balls, weight at the end left (3 o'clock)

7-8 As 5-6 (9 o'clock)

### Jazz box with cross, side, touch/snap r + l

1-2 Cross RF over left - step back with left

3-4 Step left with left - cross RF over left

5-6 Step right with right - touch LF next to right/snap

7-8 Step left with left - touch RF next to left/snap

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