

School Dance Styles

Ecole de Danse

TELLING ON MY HEART

Count: 32 Wall: 2 Level: Intermediate
Choreographer: Ria Vos (NL) - July 2023
Music: Telling on My Heart - Casey Donahew

Intro: 24 Counts

Fwd, Step Pivot 1/2 Turn R, Fwd, 1 1/4 L, Sway R-L, Scissor Cross, Side, 1/8 R Back

1-2& Step Fwd on R, Step Fwd on L, Pivot 1/2 Turn R (6:00)
3-4& Step Fwd on L, 1/2 Turn L Step Back on R, 1/2 Turn L Step Fwd on L
5-6 1/4 Turn L Step and Sway R to R Side, Sway L (3:00)
7&8 Step R to R Side, Step L Next to R, Cross R Over L
&1 Step L to L Side, 1/8 Turn R Step Back on R (4:30)

Back, Touch, Step Sweep 1/8 R, Weave R, Back w/Sweep, Behind, 1/4 R, Step Pivot Full Turn R, Back w/Sweep

2& Step Back on L, Touch R Toe Across L ***Restart Point
3-4& Step Fwd on R Sweeping L 1/8 Turn R, Cross L Over R, Step R to R Side (6:00)
5-6 Step L Behind R Sweeping R, Step Back on R Sweeping L
7& Step L Behind R, 1/4 Turn R Step Fwd on R (9:00)
8&1 Step Fwd on L, Pivot 1/2 Turn R, 1/2 Turn R Step Back on L Sweeping R (9:00)

R Back Lock Step, L Back Lock Step, Rock Back, 1/2 L, 1/4 L, Cross

2&3 Step Back on R, Lock L Over R, Step Back on R Sweeping L
4&5 Step Back on L, Lock R Over L, Step Back on L Sweeping R
6-7 Rock Back on R (Prep by Turning Body R), Recover on L
&8& 1/2 Turn L Step Back on R, 1/4 Turn L Step L to L Side, Cross R Over L (12:00)

Option &8&: Turning 1 3/4 Turn L

Basic L, Side, Behind-Side-Cross w/Sweep, Cross, Touch, Back w/Sweep, Sailor 1/2 R

1-2& Step L to L Side, Step R Behind L, Cross L Over R
3 Step R to R Side
4&5 Step L Behind R, Step R to R Side, Cross L Over R Sweeping L Back to Front
6&7 Cross R Over L, Touch L Behind R, Step Back on R Sweeping R Front to Back
8& Cross R Behind L 1/4 Turn R, 1/4 Turn R Step L Next to R (6:00)

Restart: On Wall 5 After Count 10& Squaring Up to 6:00 to Start from Count 1

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